Essentials for Frontline Workers

Week 1: Love God through Worship

Psalm 46

1. Everyone Worships – do you agree with this idea? What would you say to someone who claims they don’t worship because they don’t believe God exists?

2. We Worship All the Time – Why is our concept of worship limited to an event, a time, a location? How does it change your view of worship if you think you are worshiping all the time?

 Worship is simply saying, “I love you” and “You are valuable and precious to me.” In what ways does this change the way you worship?

3. We Worship Many Things – what other gods or idols compete for our time, money, energy and attention?

 Should God be the top priority above all areas of your life or the top priority in each area of your life? How are these two approaches different?

Three Mind Shifts

Stop Trying to Run the World – that’s God’s Job

 1. Why might our attempts to run our world cause stress, worry and anger?

 2. In what situations do you find yourself trying to run your world?

 3. If you let go of running the world, what part are you supposed to play?

Look for Where God is Working in Your Day

 1. What evidence do you find that God is working your Day?

 2. Instead of asking God to bless your work, ask God to help you bless His work. How are these two approaches different?

Love – Do Everything as an Act of Worship

 1. How can you turn even the simplest tasks into an act of worshiping God?

 2. What can you do this week to practice these three mind shifts? Who can you invite to join you?