

ESSENTIALS FOR FRONTLINE WORKERS

Week 4: Grow in Grace by Learning God's Word

Ephesians 4:11-16

Did you play a team sport or were you in a play? Do you remember a special winning game or performance? What made you work so well together? Did you practice a lot?

Get a Coach

It was (Jesus) who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, to prepare God's people for works of service. Ephesians 4:11-12

Have you ever had a coach or mentor who helped you with a hobby, work, or challenge in life?

What qualities made this person so encouraging and helpful? Have you ever coached others? How do you emphasize in your coaching?

Do you have a spiritual coach now who can help you grow closer to Jesus? If not, who might you ask to be your coach?

Join the Team

...to prepare God's people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. Ephesians 4:12-13

Why is it common for people to say, "I'm spiritual, not religious" or "I like Jesus but I don't need Church"?

Why do we need each other if we are to grow as humans and as followers of Jesus?

Practice, Practice, Practice

Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming. Ephesians 4:14

Describe a time you practiced something repeatedly to become proficient.

Why is it not enough to just study and discuss the Bible? Why is practice essential?

Instead, *speaking the truth in love*, we will in all things grow up into him who is the Head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. Ephesians 4:15-16

When it comes to "speaking the truth in love" are you better at telling the truth or being loving?

What do we need to practice this week in order to grow more like Jesus?

Who can you invite to join us next week? Finish in prayer asking God to help you apply His Word.