Family Err-Looms

Let the peace of Christ rule in your hearts,

since as members of one body you were called to peace Colossians 3:15

**The Family is a System Just the Body**

*Circle the Role You Play in Your Family (Either the family you grew up in or your family now)*

Hero, Rescuer, Mediator, Scapegoat, Switchboard,

Clown, Cheerleader, Nurturer, Powerbroker

Other (specify): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*How can you use your role to make peace?*

**A Family Inherits ERR-Looms**

*What Idols Influence or Impact Your Family (Past or Present)?*

Internal Cravings: Money, Power, Lust, Food, Work, Alcohol, Drugs, Acceptance, Other

External Ravings: Harsh Words, Cutting Sarcasm, Cruel Names, Clever Putdowns,

Constant Arguments, Self-pity and Silence, Acts of Violence, Denial, Dishonesty

**Inner Grace**

Do not lie to each other, since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the image of its Creator. Colossians 3:9-10

*Do you daily get rid of your idols and let the Holy Spirit renew you?*

*Do you daily rely on the unconditional love, power and grace of God?*

**Outer Gift**

Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with…

Colossians 3:12

*Which of these practices are you doing in your family and*

*which do you need the Spirit to help you do?*

Compassion, Kindness, Humility, Gentleness, Patience, Forgiveness, Love

Whatever you do, whether in word or deed, do it all in the name of the Lord Jesus,

giving thanks to God the Father through Him. Colossians 3:17