

# more

## My Unique Identity (BE)

**Goal:** To begin to discover my unique God-created identity

Review your life story and discover your identity by responding to these questions. Don't worry if you don't have an answer to everyone. Fill them out with the first thoughts which come to mind.

1. What you are passionate about? (things you love doing so much you lose track of time)

I really enjoy:

I really enjoy:

I really enjoy:

I really enjoy:

I really enjoy:

2. What age or type of people do you love to work with?

3. What ministries, issues or needs excite or concern you the most?

4. What jobs have you done and skills have you developed?

5. What makes you feel close to God?

6. If you knew you could not fail and money/time were not an issue, what would you like to do in the near future?

As you look at what you've put down are there any common themes, words or phrases which run through your answers? Try to write down two to five words or phrases which sum up qualities in your identity.

- 1.
- 2.
- 3.
- 4.
- 5.

Now take the APEST assessment on the next page. Follow the instructions at the top.

### Other Personality Assessments

StrengthsFinder – Cost \$49 <https://www.gallup.com/cliftonstrengths/en/strengthsfinder.aspx>

APEST – Cost \$10 <https://www.theforgottenways.org/what-is-apest.aspx>

Myers Briggs - <https://www.myersbriggs.org/my-mbti-personality-type/take-the-mbti-instrument/>

DISC – free open source version <https://openpsychometrics.org/tests/ODAT/>

A.P.E.S.T.

Christ himself gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip his people for works of service, so that the body of Christ may be built up. Ephesians 4:11-12

Step 1: Read the descriptive words/phrases associated with each of the A.P.E.S.T. roles. Check off every word/phrase that your spouse, fiends, and co-workers would agree strongly describe you

Step 2: Add up the number of checks in each of the A.P.E.S.T. roles. Circle the two roles with the most checks.

Step 3: Use one of the A.P.E.S.T. roles or one of the descriptive phrases for yourself. For example: Jane, a vision sharer of Christ Jesus or Mike a nurturer for Christ Jesus.

<b>APOSTLE</b>	<ul style="list-style-type: none"> <li>Drives progress</li> <li>Establishes direction</li> <li>Creates sustainability</li> <li>Designs process</li> <li>Conveys information</li> </ul>	<ul style="list-style-type: none"> <li>Provokes actions</li> <li>Strategizes</li> <li>Pioneers</li> <li>Drives movement</li> <li>Activates change</li> </ul>	<ul style="list-style-type: none"> <li>Explores options</li> <li>Overcomes obstacles</li> <li>Innovates</li> <li>Arranges</li> <li>Ventures</li> </ul>
<b>PROPHET</b>	<ul style="list-style-type: none"> <li>Challenges status quo</li> <li>Corrects misplaced ideas</li> <li>Discerns truth</li> <li>Envisions possibilities</li> <li>Perceives</li> <li>Observes</li> <li>Predicts future circumstances</li> </ul>	<ul style="list-style-type: none"> <li>Brings light to</li> <li>Reveals truth</li> <li>Shapes the future</li> <li>Proclaims the truth</li> <li>Points out truth</li> </ul>	<ul style="list-style-type: none"> <li>Assesses situations</li> <li>Pioneers based on vision for future</li> <li>Diagnoses</li> <li>Aligns</li> <li>Speaks for justice</li> </ul>
<b>EVANGELIST</b>	<ul style="list-style-type: none"> <li>Recruits for purpose</li> <li>Partners with</li> <li>Seeks out</li> <li>Promotes</li> <li>Champions</li> <li>Invites</li> <li>Connects</li> </ul>	<ul style="list-style-type: none"> <li>Inspires</li> <li>Influences</li> <li>Shares the vision</li> <li>Shouts from the mountain tops</li> <li>Moves the mission forward</li> <li>Creates excitement</li> </ul>	<ul style="list-style-type: none"> <li>Persuades using reason</li> <li>Prompts action</li> <li>Encourages ownership</li> <li>Advertises benefits</li> <li>Entrepreneurial</li> <li>Provokes interest</li> </ul>
<b>SHEPHERD</b>	<ul style="list-style-type: none"> <li>Nurtures</li> <li>Protects</li> <li>Counsels</li> <li>Builds up</li> <li>Serves where there is a need</li> <li>Produces results</li> </ul>	<ul style="list-style-type: none"> <li>Takes care of</li> <li>Behaves with loyalty</li> <li>Manages outcomes</li> <li>Feeds literally and figuratively</li> <li>Develops people, things, and ideas</li> </ul>	<ul style="list-style-type: none"> <li>Calms</li> <li>Comforts</li> <li>Empathizes</li> <li>Supports</li> <li>Helps</li> <li>Operates</li> </ul>
<b>TEACHER</b>	<ul style="list-style-type: none"> <li>Explains</li> <li>Enlightens</li> <li>Comprehends easily</li> <li>Applies truths</li> <li>Transfers knowledge</li> <li>Bridges ideas with reality</li> </ul>	<ul style="list-style-type: none"> <li>Understands</li> <li>Models</li> <li>Instructs</li> <li>Defines</li> <li>Guides others</li> <li>Extracts information</li> </ul>	<ul style="list-style-type: none"> <li>Simplifies</li> <li>Illustrates</li> <li>Demonstrates</li> <li>Shows and tells</li> <li>Instills value</li> <li>Clarifies</li> <li>Imparts wisdom</li> </ul>

\_\_\_\_\_ (fill in your name), a(n) \_\_\_\_\_ (fill in word) of Christ Jesus...

*\*\*Keep in mind that this sentence is just a place to start. It can (and should) change as you repeat this process and get to know your calling more intimately.*