**A Shot of Hope**

Hebrews 10:19-25

Think back over the last twelve months. If you had to put yourself on a line between No Hope (1) and Full of Hope (10) where would you land? Why?

What circumstances cause people to lose hope? What can restore someone’s hope?

*We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, where our forerunner, Jesus, has entered on our behalf. He has become a high priest forever. Hebrews 6:19-20*

How is an anchor like Hope? The rest of this passage describes Jesus serving symbolically as the High Priest, making it possible for us to draw near to God. How does this increase our Hope?

**Draw Near to God with Faith**

*Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water. Hebrews 10:22*

Faith means trusting someone, putting your life in their hands. Besides God, where do people place their faith in order to be more hopeful? What does it mean when Hebrews tells us to put our faith in Jesus with “full assurance”?

**Hold Onto God with Hope**

*Let us hold unswervingly to the hope we profess, for he who promised is faithful. Hebrews 10:23*

In the Bible, Hope is not a wish. Hope is a solid guarantee of something that will happen. God made a promise He will be with us in this life and we will be with Him in the next life.

What does God promise us? What does He not promise us? Do you have any evidence that God will fulfill His promises?

How does the hope of eternal life and the knowledge that death is a temporary separation change the way one lives their life on earth?

**Stir Up One Another to Love**

*And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching. Hebrews 10:24-25*

How can you stir up one another to:

1. Invite new people to your group

2. Serve in a mission with your group

3. Start a new group

Finish in prayer asking Jesus to show you how to increase in Hope and spread Hope to others.