

“The Sound of Silence”

I Kings 19:1-14

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Do you want to transform your life and surroundings? Find a quiet place to be with God.

Elijah – the Super Prophet faces a mountain of depression.

He came to a broom bush, sat down under it and prayed that he might die. “I have had enough, Lord,” he said. “Take my life; I am no better than my ancestors.” I Kings 19:4

1. _____

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart and you will find rest for your souls. For my yoke is easy and my burden is light. Matthew 11:28-30

Don’t deny yourself God’s gift of rest and refreshment.

2. _____

And a voice from heaven said, “This is my Son, whom I love; with him I am well pleased.” Matthew 3:17

You need a quiet place with God so you can remember who you are – His beloved child.

3. _____

When you get alone with God, He helps you review what’s going on inside you, you begin to hear what’s happening in your heart.

“What are you doing here, Elijah?” He replied, “I have been very zealous for the Lord God Almighty. The Israelites have rejected your covenant, torn down your altars, and put your prophets to death with the sword. I am the only one left, and now they are trying to kill me too.” I Kings 19:9-10

The Lord said, “Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by.” I Kings 19:11

Why all the raucous? For some odd reason, you and I, like Elijah, prefer to stay in the chaos, than come to God.

Listen to what’s in your heart. Review the chaos in your life and give it over to God.

Where is God when you are in the cave of chaos?

4. _____

Yet I reserve seven thousand in Israel – all whose knees have not bowed down to Baal and all whose mouths have not kissed him. I Kings 19:18

What does God give you in the quiet place to help you renew your purpose? Two things:

The Place and the Time you will meet with God each day

Place: _____

Time: _____